



IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Applicant: Stearns

Serial No.: 10/803,163

Filed: March 16, 2004

Title: TORSO EXERCISE METHODS AND APPARATUS

DECLARATION OF INVENTORSHIP AND POWER OF ATTORNEY

As an inventor named in the above-identified patent application, I hereby declare that:

My residence, citizenship, and post office address are as stated below;

I am the sole inventor of the claimed invention;

I have reviewed and understand the contents of the above-identified patent application, including the claims;

I believe I am the original and first inventor of the subject matter that is claimed in the above-identified patent application;

I believe the above-identified patent application discloses subject matter which is entitled to the filing date of U.S. Patent Application Serial No. 10/718,763, filed on November 21, 2003;

I acknowledge the duty to disclose information which may be material to the examination of the above-identified patent application in accordance with 37 C.F.R. 1.56(a), including information that became available subsequent to the filing date of the parent application; and

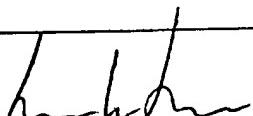
All statements made herein of my own knowledge are true, and all statements made on information and belief are believed to be true; and these statements are made with the knowledge that willful false statements and the like are punishable by fine and/or imprisonment under Section 1001 of Title 18 of the United States Code, and that willful false statements and the like may jeopardize the validity of the above-identified patent application and any resulting patent.

I hereby appoint Mark A. Krull, Reg. No. 34,205, as my representative in the above-identified patent application, with full power to handle all matters regarding said application; and I request that all correspondence be directed to him at the address and/or telephone number set forth below:

Mark A. Krull
P. O. Box 7198
Bend, OR 97708

(541) 385-0383

Further Declarant sayeth not.

Signature:  Date: 8-25-04

Printed Name: Kenneth W. Stearns

Residence: Houston, Texas Citizenship: U.S.A.

Address: P.O. Box 55912, Houston, TX 77055